

## Contacts:

### Carmel Fire Department

Joshua Haus 317-362-4200

Renee Butts 317-508-2809

Mark Voskuhl 317-514-8803

John Moriarty 317-618-7901

### Noblesville Fire Department

Kevin Livingston 317-509-4573

Adam Biddle 317-979-8577

### Westfield Fire Department

Russ Shoaf 317-804-3306

Charlie Johnson 317-379-4157

Duane Quesenberry 330-232-1521

### Fishers Fire Department

William Ortiz 317-603-1189

Marcus Boffing 765-617-8158



## Employee Assistance Program (EAP) Contacts:

Carmel: (317) 962-8001

Noblesville: (317) 338-4900

Westfield: (800) 865-1044

Fishers: (800) 822-4847

## **Clinical Director:**

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## **Hamilton County Peer Support Team**

Supporting our Brothers and Sisters  
in their Time of Need

# Peer Support.

The importance of providing support to our brothers and sisters in service is simply explained: we strive to provide an appropriate and effective response when a potentially traumatic event occurs, or when there is a firefighter behavioral health concern. Our main objective is to minimize psychological stress, distress, trauma, and/or post-traumatic stress disorder.



## When should you call the Peer Support Team?

If your crew has a bad run, your officer will possibly call the peer support team to check in with each firefighter affected by the run. You might expect anything from a text, phone call or even a "crew meeting" facilitated by the team.

If you are in need of a person to talk to, give anyone on the team a call. Just knowing that another person has gone through what you are going through can be validating and can reduce your stress load. If you are in need of counseling and need referrals for counselors or marriage therapists in the area that can give you "professional help" give the team a call.

We will keep your confidence and get you a name of a therapist that you can trust.

Also, each department provides Employee Assistance Program (EAP). This program is in addition to medical benefits and provides a series of free sessions with a licensed counselor. Please contact a member of your peer support team to explore this benefit. These counselors have been vetted and will be prepared to help with your needs.