Contacts:

<u>Carmel Fire Department</u>
Joshua Haus 317-362-4200
Renee Butts 317-508-2809
Mark Voskuhl 317-514-8803
John Moriarty 317-618-7901
<u>Noblesville Fire Department</u>
Kevin Livingston 317-509-4573
Adam Biddle 317-979-8577
<u>Westfield Fire Department</u>
Russ Shoaf 317-804-3306
Charlie Johnson 317-379-4157
Duane Quesenberry 330-232-1521
<u>Fishers Fire Department</u>
William Ortiz 317-603-1189

William Ortiz 317-603-1189 Marcus Boffing 765-617-8158





Employee Assistance Program (EAP) Contacts:

Carmel: (317) 962-8001 Noblesville: (317) 338-4900 Westfield: (800) 865-1044 Fishers: (800) 822-4847



Clinical Director:

Robert Smith, Ph.D. 429 E. Vermont, Suite 11 Indianapolis, IN 46202 Website: drbobtherapy.com (317)283-6360

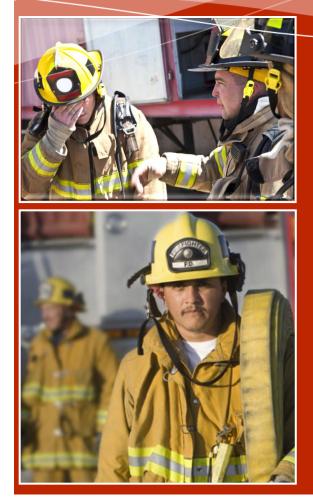
Hamilton County Peer Support Team

Supporting our Brothers and Sisters in their Time of Need

Peer Support.

The importance of providing support to our brothers and sisters in service is simply explained: we strive to provide an appropriate and effective response when a potentially traumatic event occurs, or when there is a firefighter behavioral health concern. Our main objective is to minimize psychological stress, distress, trauma, and/or post-traumatic stress disorder.





When should you call the Peer Support Team?

If your crew has a bad run, your officer will possibly call the peer support team to check in with each firefighter affected by the run. You might expect anything from a text, phone call or even a "crew meeting" facilitated by the team.

If you are in need of a person to talk to, give anyone on the team a call. Just knowing that another person has gone through what you are going through can be validating and can reduce your stress load. If you are in need of counseling and need referrals for counselors or marriage therapists in the area that can give you "professional help" give the team a call. We will keep your confidence and get you a name of a therapist that you can trust.

Also, each department provides Employee Assistance Program (EAP). This program is in addition to medical benefits and provides a series of free sessions with a licensed counselor. Please contact a member of your peer support team to explore this benefit. These counselors have been vetted and will be prepared to help with your needs.